



**Trauma-Informed
Systems &
Leadership**

PRESENTED BY:
Dr Asha Patel
Clinical Psychologist & Founder



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Clinical Psychologist &
Trauma-Informed Practice Expert



Being safe together

My vision is simple.

A future where children's lives are no longer shaped by the trauma they have experienced but by the adults who knew how to help them heal.



Opt-in approach –
discussions & exercises



Respectfully ask questions
and engage in discussions



Listen to your body



Confidentiality

Current Position

Commissioning a service isn't the same as commissioning system change

- Demands rising, more complex needs, ?early help
- Team turnover, absenteeism, presenteeism
- Budgets shrinking, scrutiny growing
- Biggest resource is under utilised

High effort – low proof

- Struggling to measure the impact
- Stretched line managers – no adequate training or support
- Front line practitioners not adequately resourced or supported
- No operating rhythm
- Projects stall, watered down

Are you thinking...

- Practitioners/line managers don't have the time?
- Can't afford something new
- We have tried it before, it won't work



The Model



Moving Forward → Sustainable & meaningful



Honest without blame



Own implementation



Action

A practical, defensible playbook
for early harm prevention

Thank you for joining me today.

I appreciate your interest and engagement.

Any questions? We're here to help!



Dr. Asha Patel
Clinical Psychologist & Trauma-
Informed Practice Expert



Birmingham
United Kingdom

Questions?



+44 0785 458 5946



asha@innovatingmindsgroup.com

